



June 14, 2021

Dear Senators and Representatives:

On behalf of Patients & Providers for Medical Nutrition Equity, a coalition of more than 40 patient and provider organizations that represent individuals for whom specialized nutrition is medically necessary for treatment of their digestive or inherited metabolic disorder, we write to request that you co-sponsor the *Medical Nutrition Equity Act*. The bi-partisan legislation was reintroduced in the 117<sup>th</sup> Congress as S. 2013/H.R. 3783 by Senators Casey and Ernst and Representatives McGovern and Herrera Beutler.

Thousands of children and adults in our country live with digestive or inherited metabolic disorders that inhibit their bodies from digesting or metabolizing the food they need to survive. When these conditions are left untreated, food can become toxic or the body can fail to absorb necessary nutrients. These individuals must turn to medically necessary nutrition, such as highly specialized formulas, both as a treatment for their condition and as sustenance.

When diseases of the digestive system or inherited metabolic disorders are left unmanaged or untreated, the medical consequences are often significant, permanent, and costly. The implications of denied or delayed access to medical nutrition in pediatric populations are particularly profound — inadequate growth, abnormal development, cognitive impairment, and behavioral disorders. In severe cases, without medical nutrition, the outcome can be unnecessary surgery, repeated hospitalizations, intellectual disability, or even death. Children with an unmanaged disease also suffer emotionally and socially. We encourage you to visit [nutritionequity.org/states](https://nutritionequity.org/states) to read stories from your constituents about the need for this legislation.

Medically necessary nutrition typically must be ordered through a pharmacy and costs 4-5 times the cost of “normal” food. While this cost puts significant strain on families in the best of times, the cost burden has worsened for many throughout the COVID-19 pandemic.

Additionally, thanks to Congress, nearly four million newborns in the United States receive state-mandated testing for inborn errors of metabolism as recommended by the Secretary of HHS’ Recommended Uniform Screening Panel. Approximately 2,000 of these babies are diagnosed with inherited metabolic disorders as a result of this mandated testing. For most of these babies, the use of medical nutrition is a necessity.

Medically necessary nutrition is sometimes the best or only treatment for a digestive or metabolic condition. Insurance companies will typically cover pharmaceuticals or biologics for treatment of a digestive or metabolic condition. However, these types of treatments are often used off-label or may not be recommended by the treating physician as first-line therapy. Further, pharmaceuticals and biologics are often costly and can have undesirable risks such as cancer or suppression of the immune system, which can increase a patient’s risk of infection.

Even when an insurance company does cover medically necessary nutrition, it often comes with the stipulation the formula be administered through a feeding tube (for example, a nasogastric tube, placed through the nose into the stomach or a gastrostomy tube, surgically placed directly into the stomach). Surgery to place a feeding tube is expensive and these tubes carry additional risks. For example, a gastrostomy tube can leak, cause ulcerations, or cause infection at the insertion site. In severe cases, a patient may experience a perforation in the intestinal tract. Medically necessary nutrition, when administered under a physician’s order, constitutes life-saving treatment with lower costs and fewer risks.

These types of coverage policies are irrational and interfere with thoughtful medical decision making. Further, without coverage, medically necessary nutrition is unaffordable for many families. For example, some children with Crohn's disease require a pre-digested formula such as Peptamen 1.5, which, at five cans per day, can cost an average of \$1,500/month. For many patients and their families, the out-of-pocket costs for specialized formulas are prohibitive, particularly when you consider these formulas cost less than biologics that are covered for some of these conditions.

The *Medical Nutrition Equity Act* would ensure coverage parity, providing patients the ability to choose the best treatment option in consultation with their physician. The Patients & Providers for Medical Nutrition Equity Coalition respectfully requests that you co-sponsor this critical legislation so patients with these conditions can survive and thrive. Please contact Megan Gordon Don at 202.246.8095 or [mgdon@mgdstrategies.com](mailto:mgdon@mgdstrategies.com) if you have any questions or need more information. To co-sponsor the bill, please contact Kate Samuelson in Sen. Casey's office ([Kate\\_Samuelson@help.senate.gov](mailto:Kate_Samuelson@help.senate.gov)), Konner Fowler in Sen. Ernst's office ([Konner\\_fowler@ernst.senate.gov](mailto:Konner_fowler@ernst.senate.gov)), Drea Shropshire in Rep. McGovern's office ([Saundra.Shropshire@mail.house.gov](mailto:Saundra.Shropshire@mail.house.gov)) or Adrianna Lagorio in Rep. Herrera Beutler's office ([Adrianna.Lagorio@mail.house.gov](mailto:Adrianna.Lagorio@mail.house.gov)).

Sincerely,

American Academy of Pediatrics  
American College of Gastroenterology  
American College of Medical Genetics and Genomics  
American Gastroenterological Association  
American Partnership for Eosinophilic Disorders  
American Society for Parenteral and Enteral Nutrition (ASPEN)  
Ann & Robert H. Lurie Children's Hospital of Chicago  
Association for Creatine Deficiencies  
Association of Pediatric Gastroenterology and Nutrition Nurses  
Campaign Urging Research for Eosinophilic Disease (CURED)  
Children's Hospital at Dartmouth  
Children's Hospital Colorado  
Children's Hospital of Wisconsin  
Children's MAGIC US  
Children's Medical Nutrition Alliance  
Children's National Health System  
Color of Crohn's & Chronic Illness (COCCI)  
CPNP – NASPGHAN Council for Pediatric Nutrition Professionals  
Crohn's & Colitis Foundation  
EveryLife Foundation for Rare Diseases  
FOD (Fatty Oxidation Disorders) Family Support Group  
FPIES Foundation  
Galactosemia Foundation  
Genetic Metabolic Dietitians International (GMDI)

Global Liver Institute  
HCU Network America  
International Foundation for Gastrointestinal Disorders (IFFGD)  
International FPIES Association  
Maple Syrup Urine Disease Family Support Group  
March of Dimes  
National Organization for Rare Disorders (NORD)  
National PKU Alliance, Inc.  
National PKU News  
National Urea Cycle Disorders Foundation  
Nationwide Children's Hospital  
Network of Tyrosinemia Advocates (NOTA)  
North American Society for Pediatric Gastroenterology, Hepatology and Nutrition (NASPGHAN)  
Oley Foundation  
Organic Acidemia Association  
Pediatric IBD Foundation  
Propionic Acidemia Foundation  
Society for Inherited Metabolic Disorders  
United Mitochondrial Disease Foundation